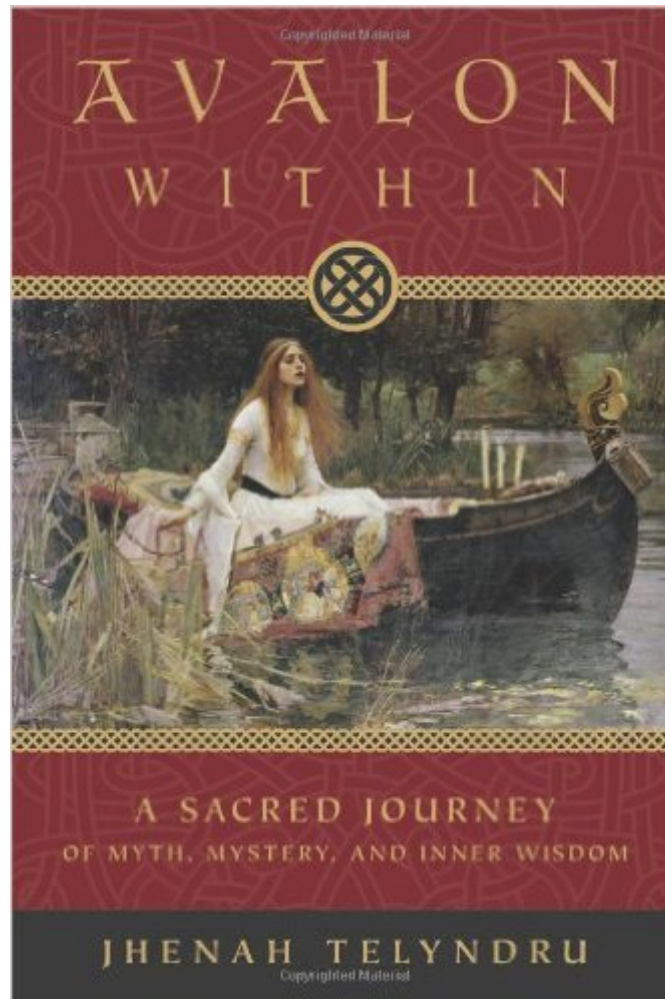


The book was found

Avalon Within: A Sacred Journey Of Myth, Mystery, And Inner Wisdom



Synopsis

> Journey to the legendary Isle of Avalon and experience the magic, mysteries, and mysticism that have inspired women throughout the ages. >

Book Information

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Customer Reviews

This book is not only connected to the Celtic-Avalonian archetype like no other, it takes its readers through a transformational journey of the soul. This book gives insights, lessons & tools for growth. Jhenah's style of writing is simply wonderful, she is concise and yet descriptive in a way that is captivating. Her ability to bring you to her writing & connect with the archetype and landscape of Avalon is like no other I've read!! This is an amazing book for all people regardless of their spiritual persuasion. Her work & perspectives brings healing of the self into the for-front of connection with the Divine, the land, & most of all ourselves. I highly recommend this book for anyone on a path of healing to bring forth their sovereign selves.

Great book explaining the cycles we women go through, and the healing cycles within them. This book also gives the information one needs to know to get through the cycles and to understand just how important those cycles are to healing and growth. This is a book that is empowering in many ways, allowing one to arrive at self understanding on many levels. It shows clearly that there is a system to the universe, and if you work with it you can achieve results. It is a book I definitely recommend for those on The Avalonian Path, and particularly for those who are working with the

Avalonian Cycles of Healing.

Avalon Within has led me on the most wonderous journey of myself and has helped me to find my way through the darkness of my own shadow, showing me the way through...a must read and must have for any woman that is embarking on journey of self discovery, Jhenah guides your heart through the many recess we all seem to forget in day to day life. The Avalonian path is not easy nor simple but accompanied by Avalon Within it is definitely reachable, my many thanks to the author for such a thoughtful and truthful book, that graces my nightstand and will never leave it for years to come.

I am on to my second copy of this book which is itself becoming as dogeared as the first. The reason? It is a wonderful resource for both Celtic history and personal development and insight that I turn to again and again. The distillation of myth and history in one place has been enormously helpful to me. And I love that the author includes lists of other resources that one can turn to in order to explore further. I have ordered many a book from that list. But what struck me even more was the presentation of the material in a way that makes it currently meaningful and applicable to one's own self-development. This is not about learning about a distant past. This book is a guide to the ways through which one can step into one's own empowerment. I have worked with the presented tools and they really do make a difference. Truly I can't recommend this book highly enough. Thank you, Ms. Telyndru. This is a book that needed to be written!

Avalon Within is one of those rare life changing books that is never far from my fingertips just in case I need to look something up. When I first began my shadow work this most important of books came into my life and it has been on heck of a roller coaster ride ever since. Not only is there great scholarship contained within this book but with the inclusion of so much information on Avalon, Celtic History and Guided Inner-work you can not help but be transformed. I read this book and learn something new every time! I highly recommend this book for anyone who feels a deep and yearning connection to Avalon be they new to this path or like myself have tripped through a few different pathways to Avalon. Read it. You will not regret it. Bendithion Avalon

"Avalon Within" captures the essence of ancient Avalon, making it accessible to all who seek the wisdom of the Holy Isle. This second edition is particularly beautiful and I consider it to be among the best books Llewellyn has ever published. Truly a handbook for seekers of the Avalonian

Mysteries!

I was excited about this book and tried really hard to get through the first half. The rest was easier, but didn't get much better. Pros: Great resources, guided meditations, symbology, etc. Cons: The writing style. This author seems to have no inclination of when to stop on a topic when making her point. She has a tendency to run on an idea until the core thoughts are lost. As a straight read it was ok, but it was not well organized to refer back to as a work book. By the time I was half-way through I was tabbing many pages for the guided meditations, just so I could find them again. I really wanted to like this book, but the writing and organization style just killed it. If you are looking for some clever ideas, symbology and associations for guided meditations, this would make a good resources book.

Jhenah Telyndru is a gifted author who, with this book, has created a barge to the place so many of us have longed and searched for. She guides you through the natural rhythms of the year and gives you an abundance of tools to utilize throughout that year - tools that aid you in reclaiming the connection to the Holy Isle and the connection to Self. I have utilized these tools of meditation, spirit and ritual in my own life and have truly experienced profound and lasting changes, and a sincere connection to Goddess that can only come through taking an active role to heal thyself (as above, so below). For truly, Avalon lies within you, and Jhenah Telyndru gives you the tools to discover that.

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